Workshops at a Glance

Combatting Compassion Fatigue: Mindful Self-Compassion concepts and to help the helper thrive – Melissa Spriggs

Avoiding Burnout: Professional Self Care and Wellness Guide for Human Service workers - Hontah Epps, MSW, LCSW & Tommy Lopez

The Importance of Cultural Competency Regarding Religion and Spiritual Diversity - Evangelina Alonso Psy.D.

SOC solutions of male survivors of childhood sexual abuse: an exploratory collective case study - Justin Spiehs, PhD, LMFT, LMAC

Using Art as a Non-Verbal Form of Expression to Help Individuals Deal with Life Stressors - Nicole Kras, Ph.D., HS-BCP

Surviving and Thriving Amidst the Impact of Racial Microaggressions in a Complex World - Dawn M. Robinson, Ph.D., LPC, NCC, ACS

LGBTQIA Competence Workshop - Dr. Carmen Monico & Amy Belfer

The Family Adjustment Measure: Advocating for Diverse Families with Disabilities - Dr. Vanessa N. Dominguez
Bridging Neurosciences to Human Services: Enhancing the effectiveness of programs for early detection and intervention of neurodevelopmental variations. - Dr Maria Perez Abalo MD, PhD & Rolando A. Santana PhD

The Impact of relationship factors have on single mothers’ fear of being single and dependency Dr. Mable Aigoro

Promoting Human Connections in a Complex World- Michelle Boone-Thornton, Ed.D., QMHP-C & Katrina Maxwell, Ph.D & Felicia Wilson, Ph.D., MSW, MBA, LMSW, CAMS-II.

LGBTQIA Young Residents of Alamance County, North Carolina
Presented by Amy Belfer & Dr. Carmen Monico

THE PATH TO EQUITY IS TRAVELLED BY EMOTIONS
Presented by Catalina Ruiz.

HIV transmission continues to increase for Gay men, especially for those Gay men in nonmonogamous serodiscordant relationships. As the use of PreExposure Prophylaxis (PrEP)
Presented by Dr. Robert Gallagher

Surviving and Thriving: Adult Education in a Complex World.
Presented by Leslie Abraham & Karen Dingle & Cori Fore & Dr. Suzie T. Cashwell

Professional Development Planning for Human Service Students
Presented by Steven Kashdan & Dr. Geneva Fleming

“Embracing Complexity”
Presented by Jackeline Giansanti, M.S

Special Sessions

Mental First Aid Training - Mental Health First Aid is an 8-hour course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses.

Recognizing Strategies to De-Stigmatize and De-Mystify Mental Illness (9 hour training)
Presented by Dr. Yvonne Larrier & Dr. Geneva Fleming